

NASA United FC



WINTER TRAINING

BOYS & GIRLS AGES 4 – 15

Winter Training for 2014-2015 is back for another exciting year! After a complete sell-out, the program has expanded to include new age divisions. Winter Training will utilize the advantages of Turf City to help improve a player's overall soccer speed and ability (dribbling & passing). Each group will have a reduced player size to allow for more instruction time. Trainer/player ratio will be 1:8. Turf City is located in Wayne, NJ. It offers 2 large state-of-the-art turf fields, surrounded by walls which allows for non-stop, off-the-boards, fast paced action.

The Winter Training Program will run for 2 sessions of 6 weeks. **Team Training is available for U7–U14 Teams.**



Winter Indoor will focus on developing players in the following areas:

* Fast Paced Dribbling

* Quick Touch Passing

* Attacking Skills

* Improve Speed and Footwork

* 60 Minutes of Non-Stop Action

For more information or to register, visit www.nasaunited.com

Cost: \$145 per session (6 Weeks)

Dates: Session #1: 12/09/14 - 01/27/15 (Tuesdays)

Session #2: 02/03/14 - 03/10/14 (Tuesdays)

Discounts: - \$15 OFF for early registration by 11/10

- \$40 OFF for signing up for both sessions by 11/30

Team Training Discount:

- \$70 OFF for groups of 10 or more players for both sessions (\$700 SAVINGS!)

Age Groups: (4-5), (6-7), (8-9), (10-11), (12-13) & (14-15)

Location: Turf City, 1235 Route 23 South, Wayne, NJ 07470

Players will be grouped according to age/skill level and will be evaluated by NASA staff. Advanced players will be invited to participate on one of the NASA United select teams.







